Lauren Frick

CPA, CFP®, MBA

Manager

Estate and Trust Compliance & Taxation

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Lauren is an integral member of SEK’s Estate Administration & Compliance and Trust departments. She specializes in fiduciary tax compliance, probate administration, and providing comprehensive tax services for individuals and small businesses. With deep technical expertise as both a CPA and a Certified Financial Planner® professional, Lauren is a trusted resource for attorneys, personal representatives, and trust departments navigating complex tax and administrative matters. Known for her meticulous attention to detail and client-centered approach, Lauren is committed to delivering high-quality service and fostering long-term relationships. Her dual credentials allow her to pair precise tax analysis with a forward-looking planning perspective—helping clients understand how today’s decisions align with future goals.

In addition to her client responsibilities, Lauren is an active member of the firm's Emerging Professionals Committee, which fosters networking, engagement, and leadership development among rising professionals.

Areas of Practice

- Estate Planning & Compliance
- Business Tax & Advisory

Education

- B.S. Accounting - University of Maryland University College
- Master of Business Administration - Frostburg State University

Certifications

- Certified Public Accountant - Maryland
- Certified Financial Planner® (CFP)

Professional Affiliations

- American Institute of CPAs – Member
- Maryland Association of CPAs – Member